



Hotel

Petrus

dohòameSPA
programme





dohòameSPA

Treatments

FACIAL TREATMENTS

Facial a la carte treatments with the products of Pharmos Natur!
100% natural active ingredient cosmetics with organic raw Aloe
Vera juice.



The essence of every Pharmos Natur treatment is the application of the special Aloe Vera fresh plant leaf, which is applied directly onto the skin. Its fresh plant juice penetrates the skin deeply and supplies the cells with a treasure trove of holistically obtained active ingredients. The moisture deposits are instantly refilled, cells are supplied with complex active ingredients and your skin will appear energized immediately.

Deep pore facial cleansing Cleaning Exfoliating Deep Cleaning Care and massage tailored to the skin	50 min.	€ 89,00
Aloe Freshness boost Peeling Facial massage with Aloe Vera	25 min.	€ 49,00
Small feel-good facial treatment Cleanse Peeling Facial massage Mask Face- and Eye Cream	50 min.	€ 95,00
„De Luxe“ Lifting Treatment Cleanse Peeling Eyebrow correction Serum Facial, neck and Cleavage massage Mask Face and Eye Cream	75 min.	€ 145,00
„For men“ facial treatment Short Cleanse Peeling Facial massage Mask Face and Eye Cream	50 min.	€ 87,00
Teenie facial treatment Cleanse Peeling Mask Care and massage tailored to the skin	50 min.	€ 78,00

HAND AND FEET

An extensive care program
for tender hands, relaxed
feet and healthy nails.

Manicure	50 min.	€ 54,00
Manicure with polish	60 min.	€ 62,00
Manicure with permanent polish	60 min.	€ 72,00
Pedicure	50 min.	€ 57,00
Pedicure with polish	60 min.	€ 65,00
Pedicure with permanent polish	60 min.	€ 75,00
Removal of permanent nail polish		€ 10,00

DEPILATION WITH WAX

Legs complete	30 min.	€ 49,00
Bear to knee	20 min.	€ 35,00
Bikini zone	30 min.	€ 25,00
The armpits	15 min.	€ 20,00
Back or chest	30 min.	€ 45,00
Upper lip	10 min.	€ 9,00

EYEBROW AND EYELASH

Eyelash tinting	20 min.	€ 25,00
Eyebrow regulation and tinting	30 min.	€ 35,00

BODY PEELING

Purity of nature

A selection of enjoyable and ritual scrubs for the body. All of them can be combined with a massage. You may also change the scrub if not suitable for your skin after an initial check.





Choose among:

Petrus Peeling

Sugar peeling with honey | invigorating, cleansing and immune-boosting

Coffee Peeling

Coffee powder and care emulsion | purifies and firms the skin

Salt Peeling

is rich in minerals, has a powerful and purifying effect

Peeling and Steam bath (1 person)	40 min.	€ 65,00
Peeling and Steam bath (2 person)	50 min.	€ 95,00

BATH WITH PETRUS SPRING WATER

Hover gently wrapped in the warmth of the Petrusquell waters. Rejuvenation and well-being for body and mind.

Choose among:

South Tyrolean honey-milk bath

Relaxing bath with South Tyrolean milk (high content of important CLA and Omega 3 fatty acids), Honey from the Larcherhof / Olang and essential oils. It has a refatting and firming effect on the skin.

25 min.

€ 42,00

Ion bath with biostimulation

Alkaline bath, lymph stimulating, detoxifying

35 min.

€ 48,00

Stone oil bath

Vitalizing bath made of oil slate, can be used for fatigue, muscle and joint pain, rheumatoid and skin problems.

25 min.

€ 42,00

DETOX - TREATMENT

„PETRUS“

A body treatment with exfoliation, massage and firming pack, which uses the power of deep heat. The combination of red algae and toning massage has a beneficial effect on the blood circulation, tightens the body and strengthen the connective tissue.



Peeling, Pack and firming massage

85 min.

€112,00

Anti Cellulite Wrap and Massage

85 min.

€108,00

PACKS IN dohòameSPA- Woollychair©

There is nothing better than one of our body packs containing nourishing oils, vitamins and minerals. While your skin absorbs the healing components of the pack, a facial and head massage will support the relaxing effect of these treatments.





Choose among:

„Petrus“ Well-being pack

is highly moisturizing, relaxing and particularly suitable for dry skin and atopic eczema

Athlets pack

with oils and vitamins, relaxing for joints and muscles

Fango packung

Skin cleansing and skin tightening, loosens the muscle soreness

Algea pack

Cleansing and firming, loosens the muscles

Pack	25 min.	€ 45,00
Pack in combination with a face or feet massage	50 min.	€ 72,00

„Petrus Classics“ MASSAGES

For body, mind and soul. Essential oils, massaged with gentle pressure, release blockages and relax the muscles. Stimulates the energy flow and will leave your skin fresh and bright.

Neck, Head and Face massage	25 min.	€ 42,00
Partial body: back or legs	25 min.	€ 42,00
Full body massage	50 min.	€ 72,00
Food reflexology massage	50 min.	€ 65,00
Lymph stimulating massage partial	25 min.	€ 42,00
Lymph stimulating massage full body	50 min.	€ 72,00

„Relaxing“ MASSAGES

Herbal Stamp Massage

50 min.

€ 85,00

This massage will exfoliate your skin. Vitalizing for muscles and joints, your blood flow will be encouraged and leave your skin radiating and glowing.

„Petrus“ well-being massage

50 min.

€ 78,00

Gentle movements with light to medium pressure increase the energy and lymph flow in the body and release physical and emotional blockages. Warm essential oils, massaged with soft hands, create an indescribable sensation. Depending on your oil selection, the massage will have a relaxing, stimulating, harmonizing or purifying effect.

De luxe Massage

75 min.

€ 105,00

“From head to toe” - This “slightly longer” feeling of well-being, allows you to switch off, takes you into a world of relaxation and well-being, where you can simply be yourself and let go. Choose your favorite essential oil and enjoy this soothing massage, which will touch you i on all levels.

Stone Massage

75 min.

€ 109,00

Deep relaxation massage with warm basal stones and precious essential oils. It creates a sense of holistic harmony after periods of great physical or mental stresses.

„Intensiv“ MASSAGES

Intense Back Massage

50 min.

€ 78,00

Natural products and a modulating massage with cupping glasses release tension in the back muscles and improve the dynamics of the spine, providing relaxation for the stressed back. Ideal for those who feel stressed and nervous, and wish to release muscle tension.

Energie for the back

50 min.

€ 78,00

Fango pack on the back followed by intensive massage with cupping glasses relieve tension in the back muscles. Good for intense stress, muscle tension and nervousness.

Alpine Sportmassage

50 min.

€ 78,00

This powerful, muscle relaxing massage with the proven cupping technique is ideal after exercise. Muscle fibers will be stretched by using firm pressure.

Glacier ice

72 min.

€ 78,00

Intensive foot and leg massage with arnica oil followed by a massage with ice balls. Improves blood circulation and has a refreshing effect. This massage is ideal after exercise.

SPECIALS

Rasul bath 105 min. € 175,00

The most popular couples treatment in our PrivateSpa, which will create lasting memories. You and your partner will apply our healing clay onto each other, while the bath in the PrivateSpa warms up to 40 degrees. The mud on the skin has an exfoliating effect. At the end of this ceremony, enjoy a warm shower before your bodies are treated with fine essential oils. A relaxing experience for two, purifying and stimulating at the same time.

Thermic Treatment 30 min. € 35,00

Thermic Treatment with facial Lymphatic drainage 50 min. € 69,00

This special ear cleanse method stimulates the lymphatic activity and the metabolism, helps with headaches and improves your sense of balance.

Biostimulation 30 min. € 75,00

This method stimulates the cell functions, thereby reducing discomforts and activating self-healing powers. This treatment is ideal if you are suffering from sciatica, neck problems, discomfort, back pain, muscle tension, knee problems, joint pain, sports injuries, inflammation and much more.

SPA PACKAGES





Detox

Algae Pack | Ion bath with biostimulation |
Lymph stimulating massage | infrared cabin

€ 175,00

For her

Body Peeling| Facial treatment, „De Luxe“ |
Manicure or Pedicure (polish separate)

€ 235,00

The Relax package (2 days)

Facial treatment „De Luxe“ | Foot reflexology massage |
relaxing bath | Intense back massage

€ 279,00

For him

Facial treatment „For men“ | athletics massage

€ 142,00

SPA ETIQUETTE



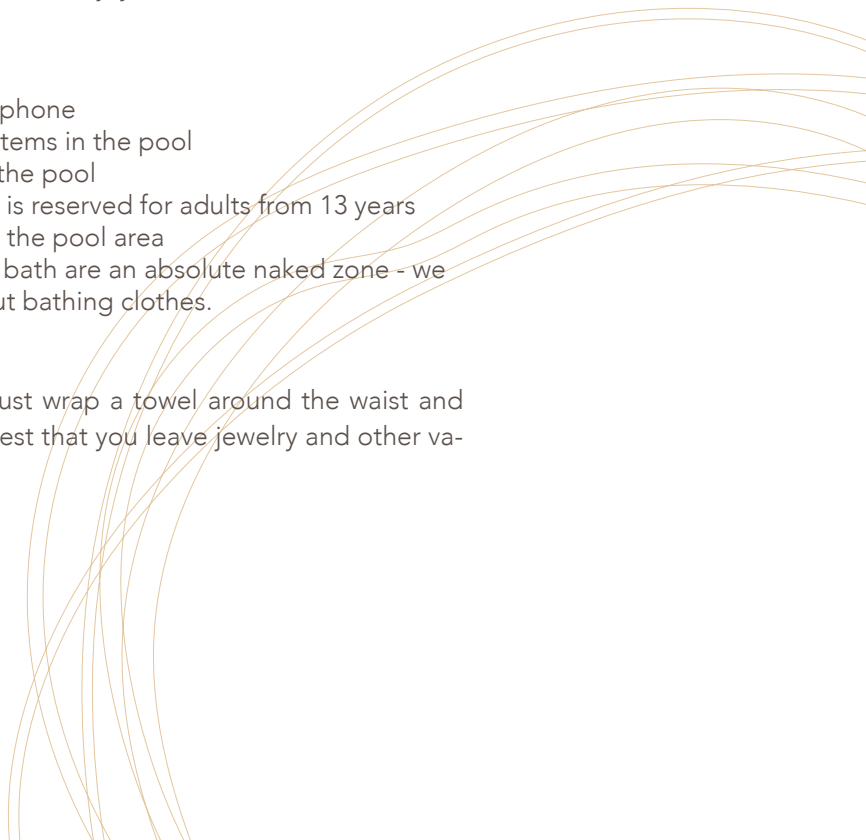


Enjoy the silence

In the dohóameSPA area for rest and relaxation. Take the time to relax, unwind and enjoy. For the restfulness of our guests we ask:

- »» to be quiet
- »» To renounce your phone
- »» Do not bring any items in the pool
- »» Do not jump into the pool
- »» The Saunabereich is reserved for adults from 13 years
- »» Wear swimwear in the pool area
- »» Sauna and steam bath are an absolute naked zone - we ask you to do without bathing clothes.

Our suggestion: Just wrap a towel around the waist and chest. We also suggest that you leave jewelry and other valuables in the room.



Reservation

We recommend that you book treatments before you arrive or at the beginning of your holiday.

Cancellation deadline

If you are unable to make an appointment, please cancel it 24 hours in advance. In the case of short-term cancellations or late registrations, we charge the regular treatment price. Thank you for your comprehension.

Health

For your health's sake: Please let us know at the time of booking whether you are pregnant or have any health problems, such as high blood pressure, heart disease, metabolic issues or allergies or if you have recently had an operation. We kindly ask you to consult with your doctor to avoid any undesirable side effects.

Unless otherwise informed, we assume that you are healthy enough to enjoy the treatments offered by us.





Clothing

Please wear your bathrobe to your treatment session. We will ask you to undress depending on the treatment. We will be happy to provide disposable underpants, and our spa staff will cover you up appropriately during the treatment.

For shiatsu treatments, we recommend that you wear light cotton clothes.

Time

To enjoy your full treatment time, please make sure to arrive at the spa reception approx. 5 – 10 minutes before the start of your treatment. If you are late, the time will be deducted from your treatment time.

Our suggestion: A visit to the pool or sauna before your treatment is an ideal preparation for your skin. It warms up the muscles, making them more relaxed, and it opens up the pores which means that care products are absorbed better.

Payment

Treatments and products are added to your room bill.



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